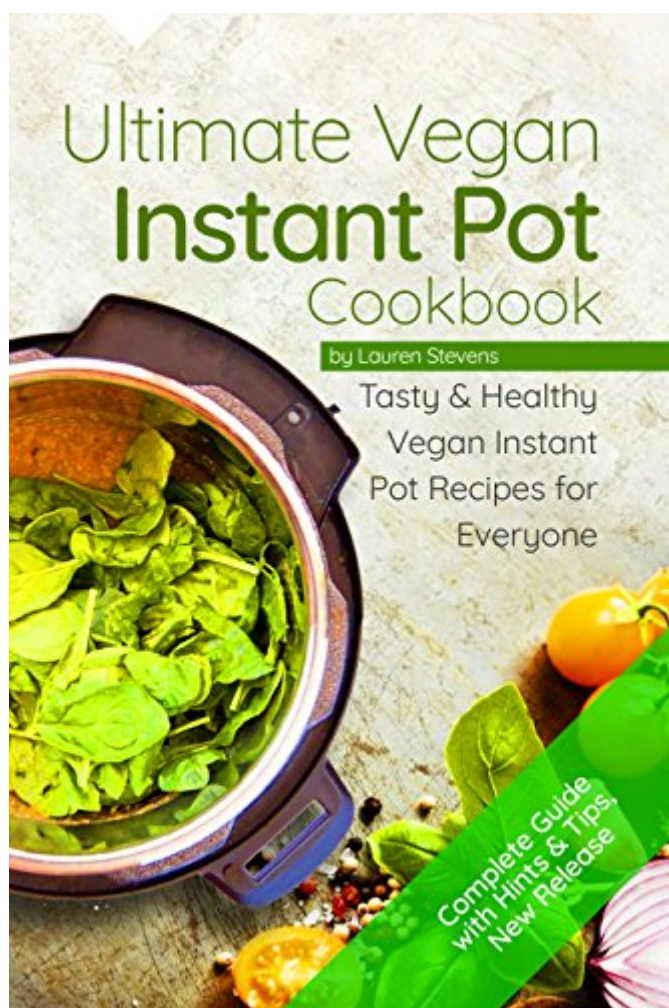


The book was found

The Ultimate Vegan Instant Pot Cookbook: Tasty & Healthy Vegan Instant Pot Recipes For Everyone (Vegan Instant Pot Recipes Cookbook, Vegan Instant Pot Cooking, Vegan Instant Pot For Two)





Synopsis

Here You Will Find The Most Popular And Delicious Vegan Instant Pot Recipes That Will Make Your Cooking Much More Interesting!Want to Get the Most Out of Your Instant Pot?This book contains 50 vegan-friendly recipes for cooking in an Instant Pot. We tried to take into account different occasions and cuisines.The book is divided into 5 chapters:Snacks and starters. Try unusual starters, like polenta bites or veggie sliders. If you are not sure how many guests to expect for a party, then hummus and pates will be the heroes of the night!Soups. Comfort food – a healthy way, in its most! Be it a Turkish soup or Italian minestrone, be sure they are healthy and packed with vegetables. Have you ever tried puree borsch or Chinese mushroom soup? It is just time to say yes to all this comfort food made in a healthy way!Main Courses. Preparing a dinner for vegans might take lots of effort to create a balance between healthy and filling tasty food. With these recipes, be it shepherd's pies or lentil and cashew pasta, sweet potato burgers or red lentil curry, we have no doubt, you will be satisfied!Side Dishes. Never underestimate side dishes. They can fill you up and be a pleasure to your eyes. They can become an appetizer, like baked beans on toasts, or even main dishes like roast potatoes! These versatile side dishes are healthy and designed to suite any dinner style, be it Asian infusion or old European background.Desserts. Trying a bite of an orange cake or a chewy brownie is something that you will never resist! And why should you? You totally deserve your dessert! And with these recipes of healthy low-calorie cakes and puddings you are totally guilt-free! Enjoy!THIS VEGAN INSTANT POT COOKBOOK IS THE #1 THING YOU NEED TO ENJOY YOUR COOKING TO THE FULL!

Book Information

File Size: 2955 KB

Print Length: 77 pages

Publication Date: June 6, 2017

Sold by:Â Â Digital Services LLC

Language: English

ASIN: B07215XFGG

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #907,459 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #10

in Kindle Store > Kindle eBooks > Nonfiction > Sports > Individual Sports > Juggling #19

in Kindle Store > Books > Sports & Outdoors > Individual Sports > Juggling #792 in Kindle Store > Cookbooks, Food & Wine > Cooking Methods > Cooking for One or Two

Customer Reviews

Such a book should be in every home. The author offers step-by-step instructions for preparing tasty and healthy dishes. Good combinations of products, correct cooking time. Even if you do not know how to cook, learn by all means. Soups, vegan snacks, desserts and much more are collected in one book. Here I found recipes for a wonderful dinner for two, for a fun party and for a children's celebration. The Ultimate Vegan Instant Pot Cookbook - an Excellent guide for the cooking of tasty and delightful dishes.

This is an amazing recipe book with great information on how to properly use your Instant Pot! I found a great variety of recipes in this cookbook. This book promotes good eating habits. It also encourages its readers to go back to the basics by eating vegan foods. An excellent book from which you can learn a lot about the kitchen for vegans.

I found a great variety of recipes in this cookbook. I love vegan cooking and cooking exclusively vegan dishes in my instant pot is such a relief for me. It has a delicious range of food which are also healthy. These recipes are easy to make quick tasty and of course healthy. This book is recommended to every chef.

A good introduction to the Instant Pot for new owners. If you're new to the instant pot and even if you've been cooking with one for a while now, this book is for you. It's a learning experience. I've really enjoyed this cookbook. The recipes are easy and made from things easily found at the grocery store. Thanks Lauren.

If you are following the vegan diet plan and you want to learn more about instant pot recipe then this book is for you. I have learned many recipes from this book and it is very easy to prepare. I will share this book with my friends who are following this kind of diet.

[Download to continue reading...](#)

The Ultimate Vegan Instant Pot Cookbook: Tasty & Healthy Vegan Instant Pot Recipes for Everyone (Vegan Instant Pot Recipes Cookbook, Vegan Instant Pot Cooking, Vegan Instant Pot for Two) Vegan Instant Pot Cookbook: 60 Amazing Instant Pot Recipes for Everyday Cooking (Vegan Instant Pot Cookbook for Two, Vegan Instant Pot Recipes, Vegan Pressure Cooker Cookbook) Vegan Instant Pot Cookbook - Healthy and Easy Vegan Pressure Cooker Recipes for Everyday Cooking: (Vegan Instant Pot Cookbook for Two, Vegan Instant Pot Recipes, Vegan Pressure Cooker Cookbook) Instant Pot Cookbook: 500 Instant Pot Recipes Cookbook for Smart People (Instant Pot, Instant Pot Recipes, Instant Pot Recipes Cookbook, Instant Pot Electric Pressure Cooker Cookbook) Instant Pot: 365 Days of Instant Pot Recipes (Instant Pot Cookbook, Instant Pot Slow Cooker, Instant Pot Book, Crock Pot, Instant Pot, Electric Pressure ... Vegan, Paleo, Breakfast, Lunch, Dinner) Instant Pot: The AMAZING Pocket Cookbook for Instant Pot Cooking (1,500 Bonus Recipes! Instant Pot, Instant Pot Recipes, Instant Pot Cookbook, Pressure Cooker Recipes, Pressure Cooker Cookbook) Instant Pot Cookbook: Healthy and Tasty Vegan Instant Pot Recipes for Electric Pressure Cooker! (Instant Pot Recipes - Instant Pot® Electric Pressure Cooker) Instant Pot Cookbook: Top 10 Electric Pressure Cooker Recipes: Instant Pot, Instant Pot Cookbook, Instant Pot Recipes : The Best Instant Pot Cookbook for ... cooker, electric pressure cooker recipes) Instant Pot Cookbook: 30 Top Vegan Recipes for Instant Pot Pressure Cooker: Cook Healthier And Faster (Instant Pot Cookbook Paleo, Instant Pot Weight Loss ... Instant Pot Chicken Recipes, Slow Cooker 5) Instant Pot Cookbook: 101 Healthy and Easy Instant Pot Recipes For Your Pressure Cooker (Instant Pot Cookbook, Pressure Cooker Recipes Book, Vegan Instant Pot Cookbook) INSTANT POT: 2,500 Instant Pot Pressure Cooker and Slow Cooker Recipes Cookbook (Instant Pot, Instant Pot Recipes, Crockpot Cookbook, Slow Cooker Recipes, ... Pot Dump Meals, Crock Pot Freezer Meals) Vegan for Everybody: Vegan Instant Pot Cookbook: Plant Based Vegan Diet of Delicious, Healthy Instant Pot Vegan Recipes for Every Occasion to ensure Weight ... Plant-Based Vegan Cookbook for Beginners 1) CROCK POT: Delicious, Healthy Crock Pot Recipes (2100 Crock Pot Recipes Cookbook, Clean Eating, Crockpot, Healthy Crock Pot, Crock Pot Chicken, Crock Pot Recipes Cookbook) Instant Pot: 365 Days of Instant Pot Recipes (Fast and Slow, Slow Cooking, Chicken, Crock Pot, Instant Pot, Electric Pressure Cooker, Vegan, Paleo, Breakfast, Lunch, Snack, Healthy Slow Cooker Dinner) Instant Pot Electric Pressure Cookbook: Incredibly Easy & Healthy Mouthwatering Instant Pot Recipes For Quick Scrumptious Meals (Instant Pot, Instant Pot Cookbook, Electric Pressure Cooker, Paleo) Vegan Instant Pot Cookbook: Vegan Pressure Cooker Recipes for Two - Delicious and Healthy Plant Based Meals (Vegan Instant Pot Recipes Book 3) Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes -

Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes Air Fryer Cookbook (Includes Paleo, Vegan, Pot, Clean Eating, Low-fat, Bake, Roast, Fry, Grill, Healthy, Delicious, Tasty, Easy, Simple Cooking, Greek): 300 Easy Recipes for Quick and Tasty Meals Instant Pot Vegan Cookbook: 100 Instant Pot Vegan Recipes with Pictures and Nutrition Facts for Every Recipe; Fast and Easy Vegan Instant Pot Recipes for Health and Weight Loss Instant Pot Recipes: Top Delicious 501 Healthy Instant Pot Recipes for Your HEALTHY FAMILY. (Instant Pot Cookbook, Electric Pressure Cooker Cookbook).

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)